

Table 1: Carolinas Comfort Scale questionnaire (maximum: 115 points)

Number	Question	Scores
1	While laying down, do you have Sensation of mesh Pain	0 1 2 3 4 5 N/A 0 1 2 3 4 5 N/A
2	While bending over, do you have Sensation of mesh Pain Movement limitations	0 1 2 3 4 5 N/A 0 1 2 3 4 5 N/A 0 1 2 3 4 5 N/A
3	While sitting up, do you have Sensation of mesh Pain Movement limitations	0 1 2 3 4 5 N/A 0 1 2 3 4 5 N/A 0 1 2 3 4 5 N/A
4	While performing activities of daily living (getting out of bed, bathing, getting dressed), do you have Sensation of mesh Pain Movement limitations	0 1 2 3 4 5 N/A 0 1 2 3 4 5 N/A 0 1 2 3 4 5 N/A
5	When coughing or deep breathing, do you have Sensation of mesh Pain Movement limitations	0 1 2 3 4 5 N/A 0 1 2 3 4 5 N/A 0 1 2 3 4 5 N/A
6	When walking or standing, do you have Sensation of mesh Pain Movement limitations	0 1 2 3 4 5 N/A 0 1 2 3 4 5 N/A 0 1 2 3 4 5 N/A
7	When walking up or down stairs, do you have Sensation of mesh Pain Movement limitations	0 1 2 3 4 5 N/A 0 1 2 3 4 5 N/A 0 1 2 3 4 5 N/A
8	When exercising (other than work-related), do you have Sensation of mesh Pain Movement limitations	0 1 2 3 4 5 N/A 0 1 2 3 4 5 N/A 0 1 2 3 4 5 N/A

Patients were asked to answer each question scoring 0 for no sensation of mesh, no pain, or no movement limitations and up to 5 for the worst symptoms. N/A: Not applicable.